

RECIPES AT A GLANCE



	GRAIN FREE CHICKEN RECIPE	LIMITED INGREDIENT CHICKEN RECIPE	GRAIN FREE TURKEY RECIPE	WHOLE GRAIN TURKEY RECIPE	GRAIN FREE LIMITED INGREDIENT TURKEY RECIPE	GRAIN FREE FISH RECIPE	GRAIN FREE LIMITED INGREDIENT FISH RECIPE	GRAIN FREE LIMITED INGREDIENT DUCK RECIPE	GRAIN FREE FRUIT & VEGGIE BASE MIX	GRAIN FREE VEGGIE, NUT & SEED BASE MIX
PROTEIN	24%	26%	29%	22%	24.5%	32%	34%	24%	10.5%	13.5%
FAT	15%	16%	18%	15%	18.5%	8.5%	14%	14%	8%	10%
CALORIES PER CUP	446	516	488	470	516	437	468	506	337	370
FOR PUPPIES		✓	✓				✓	✓		
FOR ADULTS & SENIORS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

NUTRITIONAL COMPARISON

LOWEST FIBER*				✓						
LOWEST SODIUM*				✓	✓					

CONTAINS

WHITE POTATOES	✓		✓	✓						
SWEET POTATOES	✓	✓				✓		✓	✓	
LEGUMES					✓		✓	✓	✓	✓
KELP	✓	✓	✓	✓					✓	✓
FLAXSEED	✓		✓	✓				✓		✓
EGGS			✓			✓		✓		

*Compared to the Honest Kitchen Diets